



with Miss Cindy

"Bringing the dance studio experience to you!"

Alief YMCA Class Schedule

Roses 12:00 pm-1:00 pm	<i>You may not register for this class without permission of Miss Cindy.</i> Preteens to 18 years old (graduating seniors) Ballet/Tap/Jazz/Lyrical/Pointe* *Pointe upon approval
Buttercups 1:00 pm-1:45 pm	Ages: 3 or 4 Ballet/Tap
Sugar Plums 1:40 pm-2:25 pm	Ages: 5, 6 or 7 Ballet/Tap
Stars 2:15 pm-3:15 pm	Ages: 9, 10 or 11 Ballet/Tap
Stretch, Pom and Jazz Saturday 3:15 pm-4:00 pm	Ages: 6-12 Jazz with dance poms
Bluebonnets 4:00 pm-4:45 pm	Ages: 7, 8 or 9 Ballet/Tap
Daisies 4:30 p.m. - 5:30 p.m.	Ages 11-13 Ballet/Tap/Jazz
Stretch, Pom and Jazz 4:15 pm-5:00 pm (Tuesdays)	Ages: 6-12 Jazz with dance poms
Angels 3:30 pm-4:15 pm (Tuesdays)	Ages 4-7 Ballet/Tap

SATURDAY CLASS DESCRIPTIONS

BUTTERCUPS (Saturday, 1:00 pm–1:45 pm) Class Time: 45 minutes

Students in this class should be ages 3–4 by the first dance class. During the school year, students in this class will be taught ballet and tap. They will learn a routine in both subjects, which they will perform at our end of the year performance in May. Please make sure to purchase the assigned dancewear and shoes for the Buttercups class.

SUGAR PLUMS (Saturday, 1:40 pm–2:25 pm) Class Time: 45 minutes

Students in this class should be ages 5–7 by the first dance class. During the school year, students in this class will be taught ballet and tap. They will learn a routine in both subjects, which they will perform at our end of the year performance in May. Please make sure to purchase the assigned dancewear and shoes for the Sugar Plums.

BLUEBONNETS (Saturday, 4:00 pm–4:45pm) Class Time: 45 minutes

Students in this class should be ages 7–9 by the first dance class. During the school year, students in this class will be taught ballet and tap. They will learn a routine in both subjects, which they will perform at our end of the year performance in May. Please make sure to purchase the assigned dancewear and shoes for the Bluebonnets class.

STRETCH, POM AND JAZZ (Saturday, 3:15 pm–4:00 pm) Class Time: 45 minutes

Students in this class should be ages 6–12 (a 5 year old should not register for this class). Students will be introduced to proper stretching technique. Hand poms will be provided for beginning instruction in ripples, formation changes and unison work. Also, basic jazz terminology will be introduced and referenced throughout the entire year. This class will perform one routine at our end of the year performance in May. Please purchase the assigned dance wear and shoes for the Stretch, Pom, and Jazz class.

STARS (Saturday, 2:15 pm–3:15 pm) Class Time: 1 hour

Students in this class should be ages 9–11 by the first dance class. During the school year, students in this class will be taught ballet and tap. They will learn a routine in both subjects, which they will perform at our end of the year performance in May. Please make sure to purchase the assigned dancewear and shoes for the Stars class.

DAISIES (Saturday, 4:30–5:30 pm) Class Time: 1 hour

Students in the Daisies class should be ages 11–13 by the first dance class. During the school year, students in this class will be taught ballet, tap and jazz. They will learn a routine in all three subjects, which they will perform at our end of the year performance in May. Please make sure to purchase the assigned dancewear and shoes for the Daisies class.

***ROSES (Saturday, 12:00 pm–1:00 pm) Class Time: 1 hour**

You may only register for this class with the approval of Miss Cindy. This class consists of preteens through graduating high school seniors. Students are taught ballet, tap, jazz, lyrical and pointe (upon approval). They will learn routines in all subjects, which will be performed at the Alief YMCA performance in May. This class will also perform at the Alief Healthy Kid's Day. Detailed information concerning these performances can be found in the Roses Handbook.

The jazz routine will be taught on Martin Luther King Jr. Day from 10 am—2 pm. You must be in attendance for the entire time to be included in this routine unless Miss Cindy has been notified prior to your late arrival. The lyrical routine will be taught at a lock-in in either February. To be in this routine, you must be in attendance the entire time.

For more information, visit website www.dancewithmisscindy.com or email misscindy4dance@yahoo.com.

TUESDAY CLASS DESCRIPTIONS

ANGELS (Tuesday, 3:30 pm-4:15 pm) Class Time: 45 minutes

Students in this class should be ages 4-7 by the first dance class. During the school year, students in this class will be taught ballet and tap. They will learn a routine in both subjects, which they will perform at our end of the year performance in May. Please make sure to purchase the assigned dancewear and shoes for the Buttercups class.

STRETCH, POM AND JAZZ (Tuesday, 4:15 pm-5:00 pm) Class Time: 45 minutes

Students in this class should be ages 6-12 (a 5 year old should not register for this class). Students will be introduced to proper stretching technique. Hand poms will be provided for beginning instruction in ripples, formation changes and unison work. Also, basic jazz terminology will be introduced and referenced throughout the entire year. This class will perform one routine at our end of the year performance in May. Please purchase the assigned dance wear and shoes for the Stretch, Pom, and Jazz class.

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